



Sunrise Over Vermont

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## This month in AA History

### **March 1**

1941 – Jack Alexander’s Saturday Evening Post article was published, and membership jumped from 2,000 to 8,000 by year’s end.

### **March 4**

1891 — Lois W. was born.

### **March 21**

1881 — Dr. Bob’s wife, Anne, was born.

1966 — Ebby T., whom Bill W. called his sponsor, died sober.

### **March 22**

1951 — William Duncan Silkworth, MD, died at Towns Hospital. He helped more than 40,000 alcoholics during his lifetime.

1984 — Clarence S., “Home Brewmeister,” died at 81.

### **March 25**

1898 — Jim B. (“The Vicious Cycle”) was born.

### **Other March happenings with no specific date**

1941 – 1st Prison AA Group was formed at San Quentin.

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*Thanks to Billy C. and Nancy O. for this list, used by permission.* FILED UNDER: AA HISTORY, ARCHIVES

## **\*\*For Your Information\*\***

### **District 10 Monthly Meetings on ZOOM**

**(all are welcome to attend!!)**

2<sup>nd</sup> Tuesday of every month at 7:30pm

Zoom ID: **895 8996 2911**

Password: **212057**

### **District 10 Contributions**

There is a new way to contribute to District 10!!  
Individuals and groups can now contribute through  
PayPal by sending contributions to:

**District10treasurer@aahmbny.org**

### **CORRECTIONS**

#### ***Hey...Sober Person!!***

Are you looking to keep it green? Are you looking to do some service? The district 10 area is looking for people to carry the message of recovery into correctional facilities. It is a very real way to be reminded of what can happen to people who continue to drink or drug. Currently, there is a very real need for people, both men and do this type of service work. If you have any interest at all or any questions, please send an email to:

Pete M. at: **District10corrections@aahmbny.org**

### **Online resources for AA information:**

**District 10 New Website** with Local Meeting Updates, Meeting Minutes, and More:

[www.District10.aahmbny.org](http://www.District10.aahmbny.org)

**Area 48 Website** with local meeting information, event calendar, Area Newsletters, and helpful links for the recovering alcoholic: [www.aahmbny.org](http://www.aahmbny.org)

**AA General Service Office Website:** [www.aa.org](http://www.aa.org)

**District 10 AA Hotline:** (518) 561-8444

## MONTHLY GSR FORUM

AREA 48  
Monthly GSR Forum  
Virtual Platform via Zoom  
Meeting ID: 870 0168 1934  
Password: gsr  
1<sup>st</sup> Sunday of every month  
7:00PM EST

### WELCOME ABOARD!

If you're not involved in General Service,  
you may have missed the boat.



You do not have to be a GSR to attend.  
You do not have to be a member of Area 48 to attend.

These monthly interactive forums are designed to promote unity and be the life line needed for GSRs new and old to bring topics of discussion, questions and their personal experience, strength and hope for anyone interested in learning more about Group Life, being a GSR and General Service.

### In Bill W's own words:

“The strength of our whole AA service structure starts with the group and with the general service representative (GSR) the group elects. We cannot emphasize too strongly the GSR's importance.”

For more information contact: [hmbchair@aahmbny.org](mailto:hmbchair@aahmbny.org)

**SAVE THE DATE**

**Sunday**  
**March 14**  
**2021**

**DAY**  
**OF**  
**SHARING**  
**2021**

**9:00** AM, EST  
**to**  
**3:00** PM, EST

*Our delegate needs as much input as possible from all groups and districts (via their GSRs & DCMs), in order to bring an informed Area conscience to the General Service Conference in April. Plan to attend and bring your group's conscience to the table.*

**Meeting ID:**  
**896 9555 2355**

**Password:**  
**SHARING** (ALL CAPS)

For questions please contact:  
[althumbchair@aahmbny.org](mailto:althumbchair@aahmbny.org)

PLEASE DO **NOT** POST ON  
SOCIAL MEDIA

**AREA 48**  
Hosted by:  
**The Western Cluster**

**SAVE THE DATE**

## Additional Upcoming Regional Events

**March 12 - 14**

NERD (Northeast Regional Delegates' Get Together)

**April 18 - 24**

71st General Service Conference

**June 4 - 6**

NERF (Northeast Regional Forum)



# GSRs

**You are invited and wanted!**

**You have a voice and a vote.**

Please attend the Area 48 Assembly  
and carry your group's conscience.

**Sunday, May 16th, 9:00am - 3:00pm.**

Meeting ID: **853 1688 8199**

Password (all caps): **SPRINGVOTE**

The proposals that you will be voting on will be in the Area Newsletter  
and on the Area Website: [www.aahmbny.org](http://www.aahmbny.org)

Questions? Contact Guy at [althmbchair@aaahmbny.org](mailto:althmbchair@aaahmbny.org)

## HIGHER GROUND

District 10 Newsletter  
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### District 10 Online Meetings 2/28

#### Ausable Forks Group

Thursday 7:30 pm Open, Discussion

Link: <https://us02web.zoom.us/j/87984475155?pwd=M1NOOGRhaXlwRHQxMG1PbTM1eG5tZz09> Meeting ID: 879 8447 5155 Password: 600451 Dial in number: 929-436-2866

Saturday 10:00 am Open, Big Book

Link: <https://us02web.zoom.us/j/83713868173?pwd=S1piL2ZOY05INWYyemlyMGd3cnpOQT09> Meeting ID: 837 1386 8173 Password: 954229 Dial in number: 929-436-2866

#### Bloomingtondale KISS Group

Monday 7:00 pm Closed, Discussion, third Monday Speaker, last Monday Open Anniversary

Link: <https://us02web.zoom.us/j/3816754444?pwd=MjdpbFZLZ3huSTkwUxtWEdUeTFTQT09>

Meeting ID: 381 675 4444 Password: KISS

Dial in number: 929-205-6099 \*436528

Online

contributions through PayPal: [bloomingtondalekissgroup@gmail.com](mailto:bloomingtondalekissgroup@gmail.com)

#### Keene High Peaks Group

Wednesday 6:00 pm Open, Big Book

Link: <https://us04web.zoom.us/j/506390422>

Meeting ID: 506 390 422 No Password

Dial in number: 929-205-6099

#### Plattsburgh Diamonds in the Rough

Monday 6:00 pm Women, Open Step/Literature

Link: <https://us02web.zoom.us/j/250265241?pwd=REJVandQaG1VdUVWU2ZGZFpyb2c3Zz09>

Meeting ID: 250 265 241 Password: 030405

Dial in number: 929-205-6099

Thursday 6:00 pm Women, Open, Discussion

Link: <https://us02web.zoom.us/j/161636351?pwd=dEpJbVNNZXRhaDVYaUpCc3MxSkFRZz09>

Meeting ID: 161 636 351 Password: 030405

Dial in number: 929-205-6099

#### Plattsburgh Friday Night Step Group

Friday 8:00 pm Open, Step

Link: <https://us02web/zoom.us/j/2641265823>

Meeting ID: 264 126 5823 No Password

Dial in number: 929-205-6099

#### Plattsburgh Spiritual Foundations

Sunday 6:00 pm Open, As Bill Sees It, Discussion

Tuesday 6:00 pm Closed, Big Book

Friday 6:00 pm Open, Discussion

Saturday 6:00 pm Open, Step, Speaker, Discussion

Link: <https://us02web.zoom.us/j/8892417456?pwd=QVNjWFdocHpNRzNnb2JmRFBhM1Jkdz09>

Meeting ID: 889 241 7456 Password: 040420 Dial in number: 929-205-6099

## HIGHER GROUND

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### **Plattsburgh We Agnostics**

Wednesday 6:00 pm Open, Discussion, Hybrid

Link: <https://us02web.zoom.us/j/5183359272?pwd=OWZTcFhRMUVBShF6ME4zSERCR2dYUT09>

Meeting ID: 518 335 9272 Password: 0805

Dial in number: 929-205-6099

### **Saranac Lake One Day at a Time**

Daily 10:30 am Monday - Came to Believe; Tuesday - Daily Reflections; Wednesday - As Bill Sees It;

Thursday - Grapevine; Friday - Step; Saturday - Big Book; Sunday - Speaker

Link: <https://nyintergroup.zoom.us/j/96768950060?pwd=ckhjUk5LdzkrSnIGTjh1SzJoVzlrZz09>

Meeting ID: 967 6895 0060 Password: 071696

Dial in number: 929-205-6099

Online contributions link: <https://www.paypal.me/slodaat>

Tuesday - Sunday 7:00 pm Speaker except Wednesday is Step/Tradition

Link: <https://nyintergroup.zoom.us/j/7277930127?pwd=bVJBmJFQkxzcm1MFpCTzJ3ZDh4UT09>

Meeting ID: 727 793 0127 Password: 375818

Dial in number: 929-205-6099

Online contributions link: <https://www.paypal.me/slodaat>

### **Saranac Lake Thursday Women's Group**

Monday 5:30 pm Women, Open, Discussion

Link: <https://zoom.us/j/98591755013?pwd=VFJ0ZW1pYmNnYmp6UmZyQVlrNDZlQT09>

Meeting ID: 985 9175 5013 Password: 12983

Dial in number: 929-205-6099

### **Westport Group**

Monday 7:30 pm Closed, Discussion

Link: <https://zoom.us/j/4726654595>

Meeting ID: 472 665 4595 No Password

Dial in number: 929-205-6099

### **District Meeting**

Second Tuesday of the month 7:30 pm

Link: <https://us02web.zoom.us/j/89589962911?pwd=NjBib21iYWtRRmtuQ2QzM00wQ3Rmdz09> Meeting ID:

895 8996 2911 Password: 212057 Dial in number: 929-205-6099

## HIGHER GROUND

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### **District 10 meetings happening in person 2/28 (\* see changes)**

Meeting locations and times are the same as they were unless noted in the changes and can also be found on the Meeting Guide app and on the Area 48 website: aahmbny.org

Beekmantown Big Book Study Group: Mk, BYOC

Chazy Friday Night: Mk, Tr, XFD

Elizabethtown Courage to Change Group: Mk, Tr

Elizabethtown Group: Mk, Tr

Lake Placid Paradox Group: Mk, Tr

Morrisonville/Cadyville Group: \*

Peru Live and Let Live Group: Mk, Tr, BYOC

Plattsburgh Awakenings Group: \* Mk, BYOC

Plattsburgh KISS Group: Mk, Tr

Plattsburgh Southend Group: \* Mk, BYOC

Plattsburgh Spiritual Foundations - Saturday: H, Mk, Tr, BYOC Plattsburgh Unity

Afternoon Group:

Plattsburgh We Agnostics: \* H, CT, Mk, BYOC

Saranac Lake Living Sober Group: \* Mk, Tr

Saranac Lake One Day at a Time Group - Wednesday 5:30 and Saturday: \* Mk, Tr, BYOB, BYOC

Saranac Lake Tuesday Night Group: Mk, Tr

Saranac Lake Thursday Night Men's Group: \* Mk, Tr, BYOC

Saranac Lake Thursday Night Women's Group: \* Mk, Tr, XFD

Tupper Lake Big Book Group: \* Mk, Tr

Tupper Lake Friday Night Group: \* Mk, Tr

Tupper Lake Wednesday Morning Group: Mk

Wilmington Pioneers Group: \* Mk, Tr, BYOB, BYOC

Mk = Face mask required

Tr = Sign in for Contact Tracing required

XFD = No bringing in Food or Drinks

BYOC = Bring Your Own Coffee

BYOB = Bring Your Own Book

H = Hybrid (both online and in person)

### **Meeting Changes**

Morrisonville/Cadyville Group moved to St. James Church, 26 Church Rd., Cadyville Plattsburgh

Awakenings Group moved to Club 12, 1 Durkee St, Suite 102, Plattsburgh meeting M-F at 7:00

am and Sat & Sun at 9:00 am

Plattsburgh Southend Group moved to Club 12, 1 Durkee St, Suite 102, Plattsburgh meeting on

Sunday night only

Plattsburgh We Agnostics was Atheist, Agnostic, Free-Thinkers

Saranac Lake Living Sober Group moved to St. Luke's Church, 136 Main St., Saranac Lake

Saranac Lake One Day at a Time Group - Wednesday 5:30 and Saturday moved to

Saranac Lake Baptist Church, 490 Broadway, Saranac Lake

Saranac Lake Thursday Night Men's Group moved to Holy Ghost Academy, 40 Marion St., Tupper Lake

Saranac Lake Thursday Night Women's Group moved to St. Luke's Church, 136 Main St., Saranac Lake

Tupper Lake Big Book Group now meeting at 7:00 pm

Tupper Lake Friday Night Group moved to Holy Ghost Academy, 40 Marion St., Tupper Lake

Wilmington Pioneers Group now meeting at 7:00 pm and now a Big Book Study

There are also no visitors being allowed into St. Joe's veteran's center or inpatient



## HIGHER GROUND

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*Greetings,*

*The following is a short speech given by Bill Wilson when he spoke at a conference in 1952. In it, he talks about some of the people that, although most were not alcoholics, had contributed to the founding of Alcoholics Anonymous. As I read it, I began to think of all the people outside of AA that have helped to support me in so many ways to get and stay sober. Thanks to Alcoholics Anonymous, I live a life that is "beyond my wildest dreams". But I hope I never forget all the people that have helped me outside of the rooms of AA. Had it not been for both AAs and non-alcoholics in those early days, AA may not exist as we know it today. And had it not been for AA and the people outside the rooms that have helped me in sobriety, I could never have gotten sober and certainly would not be here today. So, I hope you enjoy this piece as much as I did and perhaps you too will recall some of the folks outside of AA who have helped you to live a life free of alcohol just as our friends did over 80 years ago when Bill W., Dr Bob, and the early AAs needed all the help and support that they could get.*

*Yours in Service,*

*Vern L.*

*Grateful Sober Alcoholic*

*District 10 Newsletter Chair*

**(Remembering AA's Early Friends) Bill never tired of telling the story of A.A.s' beginning and giving thanks for our many early friends. This is how he told it to the General Service Conference in 1952.**

"You share with me, I know, the thought that the closing hours of this conference bring with them a deep and joyous realization. The realization that at last we are surely on the high road that stretches straight out toward our future, toward, we trust, an everlasting sunrise. We face the sunrise in high hope, with a confidence that is almost awesome and with our hearts full of unspeakable gratitude. Gratitude to the Father of lights, Who has delivered us out of our bondage, gratitude to friends through whose hearts he has enabled this miracle to be worked, and gratitude for each other. This too is an hour that will ever stir memory. With me, perhaps more than most, the wellsprings of memory are at flood tide. I think of a psychiatrist at Zurich, Switzerland, who had a patient, an American businessman, treated him a year.

The patient thought greatly of his psychiatrist, none other than the famous Dr. Jung. The patient thought he was well, but leaving the doctor, he soon found himself drunk. So he returned to Dr. Jung, who yet unknowing to this day, is one of the founders of this society. And he said to this patient, "Unless you have a spiritual experience, there is nothing that can be done. You are too much conditioned by alcoholism to be saved in any other way."

Our friend thought it was a hard sentence, but like many of us since, he began to seek such an experience. He found it in the confines of the Oxford Group, an evangelical movement of that time. He sobered at once. There he found the grace to achieve it. It was then called to his attention that a friend of his was about to be committed for alcoholism to an asylum in Vermont. Together with some other "Groupers," he interceded. The result was our beloved Ebby, who first brought the essentials of recovery to me. Meanwhile, there was a little Jesuit, Ed Dowling, laboring among his flock, lame and relatively obscure, he too, was to light a candle for A.A.

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There was a nun, Sister Ignatia, in Akron who was to become the companion of Dr. Bob, who as you know, was the prince of our Twelfth Steppers. She, too, was to light a candle for us.

Even Francis of Assisi holding for the principle of corporate poverty, had lit a candle for A.A. So had William James, the father of modern psychology, whose book, "The Varieties of Religious Experience," had such a profound influence upon us. He had lit a candle for Alcoholics Anonymous.

Then, too, there were to be couriers to all the world. Harry Emerson Fosdick, Fulton Oursler of Liberty, Jack Alexander and the owner of Saturday Evening Post. They were to become couriers. They, too, were to light candles for Alcoholics Anonymous.

But back there in the summer of 1934, the alcoholics of the world felt as hopeless as ever. And yet, as you see, a table was being prepared in the presence of our ancient enemy, John Barleycorn. Candles were already upon it, and meat and drink was there, but the guests had not arrived. Then came some guests and they partook of the spark that was to become Alcoholics Anonymous was struck. Then ensued our period of flying blind, at the end of which, about

1937 or 1938, we realized that, indeed, a table had been prepared in the presence of our enemy. And that the candles upon that table might one day shine around the world and touch every distant beachhead.

There were more years of travail in that pioneering time which ended in 1941 with the advent of the Post article. Meanwhile, our book of experience had appeared. No longer need we travel in person. The message could be taken through those printed pages to distant ones who suffered.

Our recovery program was really complete. Then came the test whether our growing groups could live and work together, whether the enormous explosive quality of our fellowship would find in our principles of recovery a sufficient containing element. Soon we came to realize little by little that we of Alcoholics Anonymous must hang together or indeed we should hang separately.

And in that sometimes-frightening experience, the Tradition of Alcoholics Anonymous was forged. And at Cleveland, in 1950, it was confirmed by our fellowship as the traditional platform upon which our society intended to stand.

No body of law was this Tradition. A set of principles infused with the spirit of our 12 steps of recovery and enshrined in the heart of each of us – that would be our protection, we thought, from any blows with which the outside world would assail us, our protection from any temptations to which we might be subjected within.

Such was the Tradition of Alcoholics Anonymous.

In this period of infancy and in adolescence this Society discovered that it had to function. This Conference culminates that long process of discovery through which we have learned how we can best act to carry this message to those who suffer. Yes, the advent of this conference in full strength will mark a great day in the annals of Alcoholics Anonymous.

For me, it marks a time when I must shift from activity to reflection and meditation and to the task of acting as your scribe, to record the experience of these marvelous years just past. I realize that I shall be but a reflector, a scribe only. I hope the task will be completed, useful and pleasing to you – and pleasing to God.

My heart is too full to say anymore, excepting au revoir."

**From the Website: Silkworth.net**

**Tags: aa writings of aa members bill w. let's ask bill w. general service conference alcoholics anonymous 1952**