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## **This month in AA History**

### **April 1**

1939 - "Alcoholics Anonymous", AA's Big Book was published.

1966 - Sister Ignatia died at the age of 77. She worked with Dr. Bob in treating many early AA members at St. Thomas Hospital in Akron.

### **April 11**

1941 - Bill and Lois W. move into their new home, Stepping Stones.

### **April 26**

1939 - Bill and Lois W. move in with Hank P. after the bank foreclosed on 182 Clinton St. This was the first of over 50 moves before they acquired Stepping Stones.

### **April 30**

1989 - The film "My Name is Bill W." a Hallmark Hall of Fame presentation, was broadcast at 9pm on ABC TV.

### **Other April happenings with no specific date**

1940 - The first AA pamphlet was published, entitled simply "AA"

1958 - The word "honest" was dropped from "an honest desire to stop drinking, in the AA Preamble."

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## A short message on *Tolerance* from Dr. Bob

### “On Cultivating Tolerance”

By Dr. Bob S.

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During nine years in AA, I have observed that those who follow the Alcoholics Anonymous program with the greatest earnestness and zeal not only maintain sobriety but often acquire finer characteristics and attitudes as well. One of these is tolerance. Tolerance expresses itself in a variety of ways: in kindness and consideration toward the man or woman who is just beginning the march along the spiritual path; in the understanding of those who perhaps have been less fortunate in education advantages; and in sympathy toward those whose religious ideas may seem to be at great variance with our own.

I am reminded in this connection of the picture of a hub with its radiating spokes. We all start at the outer circumference and approach our destination by one of many routes. To say that one spoke is much better than all the other spokes is true only in the sense of its being best suited to you as an individual. Human nature is such that without some degree of tolerance, each one of us might be inclined to believe that we have found the best or perhaps the shortest spoke. Without some tolerance, we might tend to become a bit smug or superior – which, of course, is not helpful to the person we are trying to help and may be quite painful or obnoxious to others. No one of us wishes to do anything that might act as a deterrent to the advancement of another – and a patronizing attitude can readily slow up this process.

Tolerance furnishes, as a by-product, a greater freedom from the tendency to cling to preconceived ideas and stubbornly adhered-to opinions. In other words, it often promotes an open-mindedness that is vastly important – is, in fact, a prerequisite to the successful termination of any line of search, whether it be scientific or spiritual.

These, then, are a few of the reasons why an attempt to acquire tolerance should be made by each one of us.

## **\*\*For Your Information\*\***

### **District 10 Monthly Meetings on ZOOM**

**(all are welcome to attend!!)**

2<sup>nd</sup> Tuesday of every month at 7:30pm

Zoom ID: **895 8996 2911**

Password: **212057**

### **District 10 Contributions**

There is a new way to contribute to District 10. Individuals and groups can now contribute through PayPal by sending contributions to:

**District10treasurer@aahmbny.org**

### **CORRECTIONS**

#### ***Hey...Sober Person!!***

Are you looking to keep it green? Are you looking to do some service work? The district 10 area is looking for people to carry the message of recovery into correctional facilities. It is a great way to be reminded of what can happen to people who continue to drink or drug. Currently, there is a huge need for people, both men and women, to do this type of service work. If you have any interest at all or any questions, please send an email to:

Pete M. at: **District10corrections@aahmbny.org**

### **Online resources for AA information:**

**District 10 New Website** with Local Meeting Updates, Meeting Minutes, and More:

[www.District10.aahmbny.org](http://www.District10.aahmbny.org)

**Area 48 Website** with local meeting information, event calendar, Area Newsletters, and helpful links for the recovering alcoholic: [www.aahmbny.org](http://www.aahmbny.org)

**AA General Service Office Website:** [www.aa.org](http://www.aa.org)

**District 10 AA Hotline:** (518) 561-8444

## **ADDITIONAL ITEMS OF INTEREST**

### **AREA 48 DELEGATES QUESTIONNAIRE**

If you currently reside within HMB Area 48, we encourage you to please take a moment to fill out the delegate's questionnaire that is listed on the Area 48 website (see the link below). This will help our delegate (TAD) TO compile a group conscience for the conference agenda items coming up at the Annual Meeting this year in New York.

[aahmbny.org](http://aahmbny.org)

### **71st General Service Conference**

**April 18 - 24**

To review the 71<sup>st</sup> General Service Committee Agenda

Go to: [aahmbny.org](http://aahmbny.org)

### **NERF**

**JUNE 4 - 6**

(Northeast Regional Forum)

Announcing a Virtual Northeast Regional Forum that includes workshops, presentations, Q&As, General Sharing, information about our Class A trustees, and much, much more!!

For more information go to the

G.S.O.'s Website: [www.aa.org](http://www.aa.org).: **Reginal Forums Section**

### **Stepping Stones**

The historic home of Alcoholics Anonymous co-founder Bill Wilson and his wife Lois Wilson, located in

Bedford Hills, New York

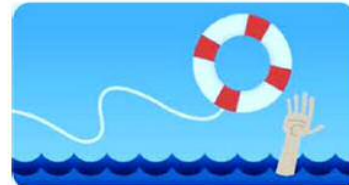
For more information go to: [WWW.STEPPINGSTONES.ORG](http://WWW.STEPPINGSTONES.ORG)

# MONTHLY GSR FORUM

AREA 48  
Monthly GSR Forum  
Virtual Platform via Zoom  
Meeting ID: 870 0168 1934  
Password: gsr  
1<sup>st</sup> Sunday of every month  
7:00PM EST

## WELCOME ABOARD!

If you're not involved in General Service,  
you may have missed the boat.



You do not have to be a GSR to attend.  
You do not have to be a member of Area 48 to attend.

These monthly interactive forums are designed to promote unity and be the life line needed for GSRs new and old to bring topics of discussion, questions and their personal experience, strength and hope for anyone interested in learning more about Group Life, being a GSR and General Service.

## In Bill W's own words:

“The strength of our whole AA service structure starts with the group and with the general service representative (GSR) the group elects. We cannot emphasize too strongly the GSR's importance.”

For more information contact: [hmbchair@aahmbny.org](mailto:hmbchair@aahmbny.org)



# GSRs

**You are invited and wanted!**

**You have a voice and a vote.**

Please attend the Area 48 Assembly  
and carry your group's conscience.

**Sunday, May 16th, 9:00am – 3:00pm.**

Meeting ID: **853 1688 8199**

Password (all caps): **SPRINGVOTE**

The proposals that you will be voting on will be in the Area Newsletter  
and on the Area Website: [www.aahmbny.org](http://www.aahmbny.org)

Questions? Contact Guy at [althmbchair@aahmbny.org](mailto:althmbchair@aahmbny.org)

## HIGHER GROUND

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### District 10 Online Meetings 2/28

#### Ausable Forks Group

Thursday 7:30 pm Open, Discussion

Link: <https://us02web.zoom.us/j/87984475155?pwd=M1NOOGRhaXlwRHQxMG1PbTM1eG5tZz09> Meeting ID: 879 8447 5155 Password: 600451 Dial in number: 929-436-2866

Saturday 10:00 am Open, Big Book

Link: <https://us02web.zoom.us/j/83713868173?pwd=S1piL2ZOY05INWYyemlyMGd3cnpOQT09> Meeting ID: 837 1386 8173 Password: 954229 Dial in number: 929-436-2866

#### Bloomingtondale KISS Group

Monday 7:00 pm Closed, Discussion, third Monday Speaker, last Monday Open Anniversary

Link: <https://us02web.zoom.us/j/3816754444?pwd=MjdpbFZLZ3huSTkwUxtWEdUeTFTQT09>

Meeting ID: 381 675 4444 Password: KISS

Dial in number: 929-205-6099 \*436528

Online

contributions through PayPal: [bloomingtondalekissgroup@gmail.com](mailto:bloomingtondalekissgroup@gmail.com)

#### Keene High Peaks Group

Wednesday 6:00 pm Open, Big Book

Link: <https://us04web.zoom.us/j/506390422>

Meeting ID: 506 390 422 No Password

Dial in number: 929-205-6099

#### Plattsburgh Diamonds in the Rough

Monday 6:00 pm Women, Open Step/Literature

Link: <https://us02web.zoom.us/j/250265241?pwd=REJVandQaG1VdUVWU2ZGZFpyb2c3Zz09>

Meeting ID: 250 265 241 Password: 030405

Dial in number: 929-205-6099

Thursday 6:00 pm Women, Open, Discussion

Link: <https://us02web.zoom.us/j/161636351?pwd=dEpJbVNNZXRhaDVYaUpCc3MxSkFRZz09>

Meeting ID: 161 636 351 Password: 030405

Dial in number: 929-205-6099

#### Plattsburgh Friday Night Step Group

Friday 8:00 pm Open, Step

Link: <https://us02web/zoom.us/j/2641265823>

Meeting ID: 264 126 5823 No Password

Dial in number: 929-205-6099

#### Plattsburgh Spiritual Foundations

Sunday 6:00 pm Open, As Bill Sees It, Discussion

Tuesday 6:00 pm Closed, Big Book

Friday 6:00 pm Open, Discussion

Saturday 6:00 pm Open, Step, Speaker, Discussion

Link: <https://us02web.zoom.us/j/8892417456?pwd=QVNjWFdocHpNRzNnb2JmRFBhM1Jkdz09>

Meeting ID: 889 241 7456 Password: 040420 Dial in number: 929-205-6099

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### **Plattsburgh We Agnostics**

Wednesday 6:00 pm Open, Discussion, Hybrid

Link: <https://us02web.zoom.us/j/5183359272?pwd=OWZTcFhRMUVBShF6ME4zSERCR2dYUT09>

Meeting ID: 518 335 9272 Password: 0805

Dial in number: 929-205-6099

### **Saranac Lake One Day at a Time**

Daily 10:30 am Monday - Came to Believe; Tuesday - Daily Reflections; Wednesday - As Bill Sees It; Thursday - Grapevine; Friday - Step; Saturday - Big Book; Sunday - Speaker

Link: <https://nyintergroup.zoom.us/j/96768950060?pwd=ckhjUk5LdzkrSnIGTjh1SzJoVzlrZz09>

Meeting ID: 967 6895 0060 Password: 071696

Dial in number: 929-205-6099

Online contributions link: <https://www.paypal.me/slodaat>

Tuesday - Sunday 7:00 pm Speaker except Wednesday is Step/Tradition

Link: <https://nyintergroup.zoom.us/j/7277930127?pwd=bVJBmJFQkxzcm1MFpCTzJ3ZDh4UT09>

Meeting ID: 727 793 0127 Password: 375818

Dial in number: 929-205-6099

Online contributions link: <https://www.paypal.me/slodaat>

### **Saranac Lake Thursday Women's Group**

Monday 5:30 pm Women, Open, Discussion

Link: <https://zoom.us/j/98591755013?pwd=VFJ0ZW1pYmNnYmp6UmZyQVlrNDZlQT09>

Meeting ID: 985 9175 5013 Password: 12983

Dial in number: 929-205-6099

### **Westport Group**

Monday 7:30 pm Closed, Discussion

Link: <https://zoom.us/j/4726654595>

Meeting ID: 472 665 4595 No Password

Dial in number: 929-205-6099

### **District Meeting**

Second Tuesday of the month 7:30 pm

Link: <https://us02web.zoom.us/j/89589962911?pwd=NjBlb21iYWtRRmtuQ2QzM00wQ3Rmdz09> Meeting ID:

895 8996 2911 Password: 212057 Dial in number: 929-205-6099



## HIGHER GROUND

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### **District 10 meetings happening in person 2/28 (\* see changes)**

Meeting locations and times are the same as they were unless noted in the changes and can also be found on the Meeting Guide app and on the Area 48 website: aahmbny.org

Beekmantown Big Book Study Group: Mk, BYOC

Chazy Friday Night: Mk, Tr, XFD

Elizabethtown Courage to Change Group: Mk, Tr

Elizabethtown Group: Mk, Tr

Lake Placid Paradox Group: Mk, Tr

Morrisonville/Cadyville Group: \*

Peru Live and Let Live Group: Mk, Tr, BYOC

Plattsburgh Awakenings Group: \* Mk, BYOC

Plattsburgh KISS Group: Mk, Tr

Plattsburgh Southend Group: \* Mk, BYOC

Plattsburgh Spiritual Foundations - Saturday: H, Mk, Tr, BYOC Plattsburgh Unity

Afternoon Group:

Plattsburgh We Agnostics: \* H, CT, Mk, BYOC

Saranac Lake Living Sober Group: \* Mk, Tr

Saranac Lake One Day at a Time Group - Wednesday 5:30 and Saturday: \* Mk, Tr, BYOB, BYOC

Saranac Lake Tuesday Night Group: Mk, Tr

Saranac Lake Thursday Night Men's Group: \* Mk, Tr, BYOC

Saranac Lake Thursday Night Women's Group: \* Mk, Tr, XFD

Tupper Lake Big Book Group: \* Mk, Tr

Tupper Lake Friday Night Group: \* Mk, Tr

Tupper Lake Wednesday Morning Group: Mk

Wilmington Pioneers Group: \* Mk, Tr, BYOB, BYOC

Mk = Face mask required

Tr = Sign in for Contact Tracing required

XFD = No bringing in Food or Drinks

BYOC = Bring Your Own Coffee

BYOB = Bring Your Own Book

H = Hybrid (both online and in person)

### **Meeting Changes**

Morrisonville/Cadyville Group moved to St. James Church, 26 Church Rd., Cadyville Plattsburgh

Awakenings Group moved to Club 12, 1 Durkee St, Suite 102, Plattsburgh meeting M-F at 7:00

am and Sat & Sun at 9:00 am

Plattsburgh Southend Group moved to Club 12, 1 Durkee St, Suite 102, Plattsburgh meeting on

Sunday night only

Plattsburgh We Agnostics was Atheist, Agnostic, Free-Thinkers

Saranac Lake Living Sober Group moved to St. Luke's Church, 136 Main St., Saranac Lake

Saranac Lake One Day at a Time Group - Wednesday 5:30 and Saturday moved to

Saranac Lake Baptist Church, 490 Broadway, Saranac Lake

Saranac Lake Thursday Night Men's Group moved to Holy Ghost Academy, 40 Marion St., Tupper Lake

Saranac Lake Thursday Night Women's Group moved to St. Luke's Church, 136 Main St., Saranac Lake

Tupper Lake Big Book Group now meeting at 7:00 pm

Tupper Lake Friday Night Group moved to Holy Ghost Academy, 40 Marion St., Tupper Lake

Wilmington Pioneers Group now meeting at 7:00 pm and now a Big Book Study

There are also no visitors being allowed into St. Joe's veteran's center or in-patient

# HIGHER GROUND

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